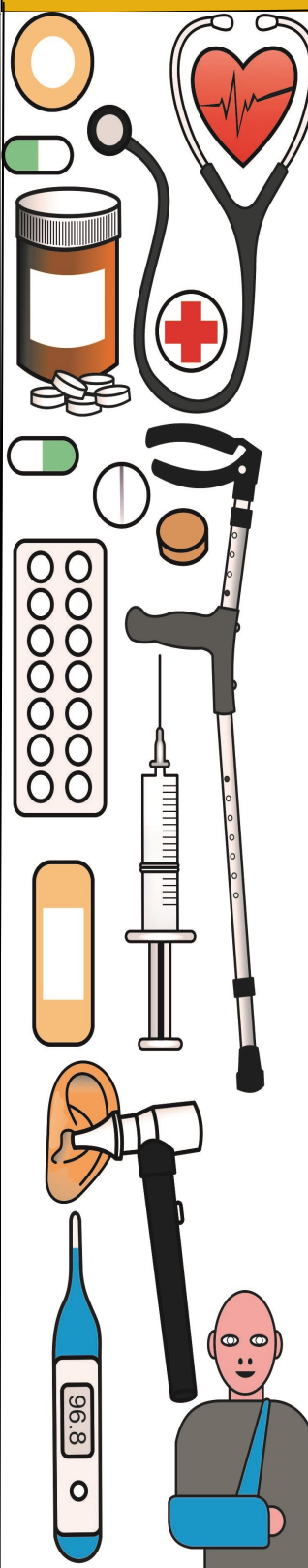


HILLVIEW
ST STEPHEN'S
MAPLE VIEW
THE DOW
ELGAR HOUSE
THE BRIDGE

January 2022



Hello and welcome to our Primary Care Network Newsletter. We will be keeping you up-to-date on any new staff joining the Kingfisher PCN and explaining the role they are in and its function. Our Primary Care Network is still developing and expanding, which will provide ongoing help and support in our GP practices.

Kingfisher PCN practices share a vision to support and empower patients and carers wherever possible, with an effective range of self management options.

The PCN website is being developed as a patient facing platform with the key intention of presenting an effective range of options and solutions for patients to manage their own needs.

Visit our website by following the link [Homepage - Kingfisher Primary Care Network \(kingfisherpcn.nhs.uk\)](https://kingfisherpcn.nhs.uk)



Our Team

Clinical Pharmacists

Nancy Bryan | Rachel Durman

Pharmacy Technician

Sally Hale

Physician Associates

Clare Potter | Henna Zulficar | Shariq Mazhar | Lucy Vesmanis | Karolina Szyzyk

Social Prescribers & Lifestyle Advisors

Claire Lojko | Tricia Pridding | Jo Pearce

Care Coordinators

Sherree Salter | Chianne McGowran | Julia Griffiths

First Contact Physiotherapists

Melanie Clarke | Jason Siluvaimani | Erin Quinn | Keerthana Murthurajan

Clinical Pharmacists

For the provision of specialist medication and lifestyle advice. Clinical Pharmacists will be able to perform medication reviews and advise of any changes needed to your prescription. They may be involved in monitoring your long-term illness. They will become key members of a multi-professional Care Home Team who will be responsible for the provision of enhanced health in Care Homes. The ambition will be to expand upon this and introduce a multi-professional service for patients within their own

First Contact Physiotherapists

First Contact Physiotherapists (FCP's) are highly skilled practitioners with specialist knowledge of musculoskeletal (MSK) problems. They will be able to help you with mechanical pain through timely interventions including exercise, lifestyle advice and pain management.

Pharmacy Technicians

Pharmacy Technicians undertake specific projects to promote the safety and quality of prescribing across the PCN. They will contact patients to carry out checks and offer advice and guidance on matters concerning medication. Pharmacy Technicians will also be a key part of the Care Home Team.

Physician Associates

Physician Associates support the doctors in the diagnosis and management of patients. To achieve this, they will perform medical examinations, order tests help patients manage long-term conditions using management plans, provide help and advice on achieving a healthy lifestyle and diagnose under the guidance of a GP.

Social Prescribers

Social Prescribers are able to assist with non-medical problems by identifying needs and finding solutions by putting the patient in touch with the most appropriate organisation to help. Social Prescribers have a firm understanding of the range of options and local services available to patients. This may include signposting to community groups or voluntary workers.

Care Coordinators

Care Coordinators will build and sustain the smooth running of the Additional Roles Team- coordinating calendars and securing access for patients across our 6 practices. Care Coordinators will also have an important role in the introduction of The Care Home Team - coordinating Multidisciplinary Team meetings (MDT's) for Kingfisher Care Homes.

Expanding the Team

Welcoming our newest members of Kingfisher PCN additional roles team!

Lucy Vesmanis—Physician Associate joined on 1st December 2021 and will be based at Maple View Medical Practice.

Karolina Syczyk –Physician Associate joined on 1st December 2021 and will be shared across all 6 practices.

Erin Quinn—First Contact Physiotherapist joined on 22nd November 2021 and will be based at St Stephen's Surgery, Maple View Medical Practice and The Dow Surgery.

Keerthana Murthurajan—First Contact Physiotherapist joined 17th January 2022 and will be based at St Stephen's Surgery, Maple View Medical Practice and The Dow Surgery.

JavaScript must be ena-

Julia Griffiths—Care Coordinator joined 17th January 2022 and will be based at Maple View Medical Practice but covers all 6 practices.

We will be welcoming Davey Norman on 1st February as our newest Care Coordinator to join the team!

PPG

The **Patient Participation Group** consists of patients who wish to be involved in the local practice whilst taking an active role in the development of local health services.

The purpose of the group is to facilitate patients and the practice staff working together to share ideas to help improve the services offered at the practice in addition to sourcing out any local community services that would help enhance aspects of the patients lives.

Our next PPG meeting is on the

**Have your say in new developments
of your local health services.**



Clinical Leadership

Kingfisher PCN has a strong clinical representation with an elected lead GP from each member practice representing their practice their practice and forming the core membership of the Kingfisher PCN Board is the key decision maker in terms of driving meaningful change. Kingfisher PCN has wealth of overreaching clinical leadership; provided by 2 Clinical Directors– Dr Rich Burling and Dr Jonathan Wells.



Dr Rich Burling
Clinical Director



Dr Jonathan Wells
Clinical Director



How we are increasing GP appointments

"Our surgeries are participating in a new approach to improve access for patients to GP appointments. The aim is to direct patients to the most appropriate healthcare professional, which may be a GP or a pharmacist.

If your symptoms could be resolved by a consultation with one of the local community pharmacists instead of the GP, we have asked our reception staff to give you a same-day referral to a local pharmacy of your choice. If the pharmacist advises that your symptoms do require an assessment by a GP they will contact us and we will ensure you are assessed by a GP.

We think this is a great service. Once you see how great your local pharmacist is – they are highly trained and skilled clinicians very experienced in treating minor illnesses – we don't think you'll look back. This will also help us to free up GP appointments for people with more complex health needs and ensure that everyone gets treated at the right time, by the right healthcare professional."



Dr Alison Moseley

Elgar House Surgery

The Dow Surgery

Hillview Medical Centre

The Bridge Surgery



Dr Meeraj Shah

Physician Associates

Physician Associates are one of the 'additional roles' employed by the PCN. They are one of several health care professionals being employed in primary care to help with the growing workforce shortage and increasing patient demand. Physician Associates (often shortened to PAs) work alongside the GPs and are supervised by a doctor for every session.

PAs first started working in this country in 2003 and are similar to the Physician Assistants, a role that has existed in the USA since the 1960s. Initially, most PAs in the UK worked in hospitals but with time, more and more have been employed in general practice where they support the day-to-day work of doctors.

Physician Associates are trained at medical school. They can take a patient history, examine a patient, diagnose, and plan management. They will liaise with a GP for guidance if it is needed. Many medical problems can be managed by a PA, freeing up GPs time to concentrate on the more complex patient needs.

Having Physician Associates working for the PCN can benefit patients by increasing the availability of appointments. PAs can help to ease the pressures when demand increases e.g. they have helped in Covid vaccine clinics and many are involved in the annual flu vaccine delivery. PAs work in a flexible manner and can work across the surgeries in the PCN, moving as and when needed. The Lead PA for Kingfisher PCN has 6 years' experience of working in general practice in Redditch. This role supports the less experience PAs and can advise on the best ways of integrating PAs into the medical team.

Many of the PAs working for the PCN have previously worked in other healthcare settings. For instance, the current PAs between them, have experience of working in community mental health, with learning disabilities, care homes for older people and in cardiac ITU nursing. This experience brings additional skills and equips the PAs to assist with reviews for many conditions e.g. mental health reviews, dementia reviews, cardiovascular disease reviews and learning disability reviews. Finally, some of the PAs focus on an area for improvement, for example, by actively engaging and explaining bowel screening so that uptake is encouraged. Improving early diagnosis of cancer is one of the targets for the PCN and PAs are well placed to support this.

Further information or queries can be directed to the Lead PA Clare Potter.



Clare Potter- Lead Physician Associate

Management Team

Andrea Guest
Kingfisher PCN Director

Linda Pratt
Hillview Practice Manager

Judy Langford
Kingfisher PCN Manager

Jonathan Wells
Clinical Director

Rich Burling
Clinical Director

GP Board Leads

Dr Meeraj Shah
Elgar House

Dr Tessa Franklin
The Bridge

Dr Rich Burling
Maple View

Dr Kerry Walsh
St Stephen's

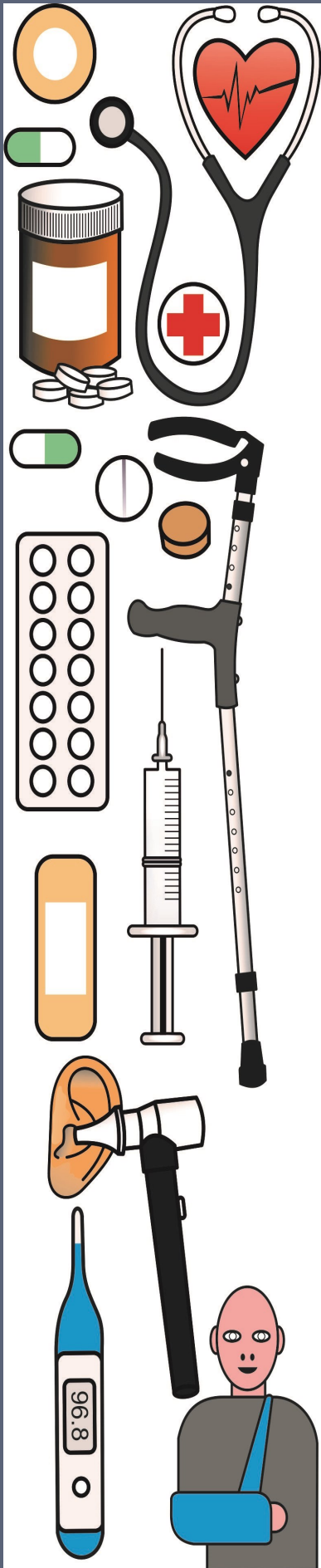
Dr Jonathan Wells
Hillview

Dr Amy Howell
The Dow



Glossary

- PCN– Primary Care Network
- FCP– First Contact Physiotherapist
- MSK– Musculoskeletal
- COPD– Chronic Obstructive Pulmonary Disease
- CPPE– Centre for Pharmacy Postgraduate Education
- GP– General Practitioner
- PA - Physician Associate



Awareness

Love your Liver Awareness Month– January 1st-31st

January is Love your liver awareness month. At the British Liver Trust, we support and provide information to thousands of patients with liver conditions each year. We also aim to raise awareness of the steps people can take to reduce their risk of developing a preventable liver condition.

Parent Mental Health Day– January 27th

Parent Mental Health Day was established by the charity Stem4 which supports teenagers and young adults to build positive mental health. This year is the first Parent Mental Health day (PMHD) and will encourage understanding and awareness of the importance of parent mental health and its potential impact on the whole family system with the theme 'Balance'. The day aims to get parents and carers to take a moment to reflect on the balance they have in their lives, as well as how they balance looking after their family's mental health and to take steps to make positive change and 'balance out'.

National Bug Busting Day– January 31st

Why take part on Bug Busting Days? Because informed, united action stops head lice from circulating endlessly. Combing wet conditioned hair with a Bug Buster comb is a reliable detection method even when very few lice are present. Thoroughly wet lice stay still; dry or damp lice move quickly away from disturbance evading detection.

Covid update

More than 137 million vaccines have now been administered in England by the NHS

Coronavirus remains a serious health risk. You should stay cautious to help protect yourself and others

- Let fresh air in if you meet indoors. Meeting outdoors is safer.
- Wear a face covering in crowded and enclosed spaces where you come into contact with people you do not normally meet.
- Get tested and self-isolate if required.
- If you haven't already, get vaccinated.
-

94,326 people tested positive for COVID in the UK on 25th January 2022

1,613 people were admitted to hospital reported on 21st January 2022

439 deaths within 28 days of positive testing reported on 25th January 2022



Stay Safe!



Check out our website!
www.kingfisherpnc.nhs.uk

