

NHS SCREENING

Screening is a way of finding out if people have a higher chance of having a health problem, so that early treatment can be offered or information given to help them make informed decisions.

Diabetic Eye Screening

From the age of 12, all people with diabetes are offered an annual <u>diabetic eye test</u> to check for early signs of diabetic retinopathy. Log on to the patient portal to manage your eye screening appointments. <u>Patient Portal</u>

Cervical Screening

<u>Cervical screening</u> is offered to all women and people with a cervix aged 25 to 64 to check the health of cells in the cervix. It is offered every 3 years for those aged 25 to 49, and every 5 years from the ages of 50 to 64. Please book and appointment with your practice nurse on a day that you are not bleeding or on your period.

Breast Screening

<u>Breast screening</u> is offered every 3 years to anyone registered with a GP as a female aged 50 to 70 to detect early signs of breast cancer. you will receive a letter in the post inviting you. Women over 70 can self-refer. To find your local breast screening service click <u>here.</u>

Bowel Cancer Screening

Everyone aged 60 to 74 is offered a <u>bowel cancer screening</u> home test kit every 2 years. If you're 75 or over, you can ask for a kit every 2 years by phoning the free bowel cancer screening helpline on 0800 707 60 60.

Abdominal aortic aneurysm (AAA) screening

<u>AAA screening</u> is offered to men during the screening year (1 April to 31 March) that they turn 65 to detect abdominal aortic aneurysms (a dangerous swelling in the aorta). Men over 65 can self-refer. See your GP if you have tummy or back pain that does not go away or keeps coming back or you feel a lump in your tummy.



